



Florida Certified Nurse Assistant

Florida CNA-2018

This document provides the correlation between HealthCenter21 interactive e-learning curriculum, and the Florida Certified Nurse Assistant standards, published by the state of Florida.



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HealthCenter21 Template

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The Health Assistant

Verbal and Nonverbal Communication
Health Assisting
Nursing
Qualities of Health Assistants
Infection Control and Safety Precautions
Legal Conduct
Patient Rights and Code of Ethics
Communication Exercise
Reflection Questions and Discussion
Job Search
Self-Portrait
Current Event

Special Populations

Empathy for the Physically Impaired
Pediatric Patients
Elderly Patients
Dealing with Death
Cognitively-Impaired Patients
Physically & Developmentally Impaired Patients
Restraints
Communication Exercise
Reflection Questions and Discussion
Activity Calendar
Cultural Awareness Fair
Current Event

Body Mechanics

Patient Transfer Role Play
Safety Guidelines
Moving Patients
Positioning Patients
Transferring Patients: Bed
Transferring Patients: Toilet and Vehicle
Reflection Questions and Discussion
Body Mechanics Jive
Patient Care Scenarios
Current Event

Patient Comfort

Patient Comfort Role Play
Observing Patients
Handling Bed Linens
Making Beds
Perineal Care
Hand and Foot Care
Hair Care
Oral Care
Dressing and Undressing
Bathing
Eyeglasses and Hearing Aids
AM and PM Care and Pain Management
Reflection Questions and Discussion
Mentoring Challenge
Patient Care Scenarios
Current Event

Infection Control

Hand Washing
Introduction to Infection Control
Standard Precautions
Transmission-Based Precautions
Sterile Technique
Reflection Questions and Discussion
Hand Washing
Observing Microorganism Growth
Chain of Infection Poster
Current Event



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Rehabilitation and Restorative Care

Assistive Devices
Rehabilitation and Restorative Care
Activities of Daily Living
Ambulation
Assistive Devices for Ambulation
Range of Motion Exercises
Cold and Heat Applications
Compressive Garments & Breathing Exercises
Communication Exercise
Reflection Questions and Discussion
Recruitment Commercial
Patient Care Scenarios
Current Event

Office Environment

Evacuation Plan
Office Environment and Reception Area
Responsibilities
Managing the Office Facility
Communication Exercise
Reflection Questions
Designing a Reception Area
Current Event

CPR and Basic Life Support

Explore - Review Lab Equipment
Introduction
Adult BLS
Pediatric BLS
Airway Obstruction
Learning Activities
Reflection Questions and Discussion
Emergency Scenario
Current Event

Nutrition and Elimination

Bingo Game
Optimal Nutrition
Diets
Feeding Patients
Intake and Output
Assisting with Toileting
Urinary Catheters
Special Bowel Elimination Procedures
Reflection Questions and Discussion
Creating a Meal Plan
Patient Care Scenarios
Current Event

Human Growth and Development

Dealing with Death and Grief
Genetics
Prenatal and Neonatal
Childhood
Adolescence and Adulthood
Aging and Death
Reflection Questions and Discussion
Family Health Tree
Hierarchy of Needs
Information Brochure
Current Event

Emergency Care

Explore
Introduction to Emergency Care
Injury Care Techniques
Shock and Bone/Joint Injuries
Wounds and Burns
Foreign Bodies and Poison
Extreme Temperatures
Sudden Illnesses
Reflection Questions and Discussion
Emergency Scenarios
Current Event



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Behavioral Health

12-Step Program Flyer
Suicide Prevention Information Flyer
Introduction to Behavioral Health
Common Mental and Behavioral
Disorders
Managing Behavioral Health
Reflection Questions and Discussion
Local Behavioral Health Resources
Current Event

Client Status

Explore
Vital Signs and Body Measurements
Temperature
Pulse
Respiration
Blood Pressure
Reading Analog Devices Game
Reflection Questions and Discussion
Examining Vital Signs
Current Event

I	Role of the Nurse Aide - 20%	
A.	Personal responsibility	4 / 6
1.	Reporting requirements	Special Populations The Health Assistant
2.	Promotion of personal health and safety	Body Mechanics The Health Assistant
3.	Promotion and protection of resident rights	Special Populations The Health Assistant
4.	Time management and work prioritization	
5.	Workplace standards, including ethical and unethical behaviors	The Health Assistant
6.	Nurse Aide Registry	
B.	Nurse aide as a member of the health care team	4 / 5
1.	Job responsibilities of the nurse aide, including duties and limitations	The Health Assistant
2.	Interdisciplinary team member roles	The Health Assistant
3.	Teamwork principles (e.g., collaboration, cooperation, sharing information, customer service)	The Health Assistant
4.	The care planning process and implementation	The Health Assistant
5.	Nurse aide's responsibility to provide care according to the care plan	
C.	Interpersonal relations/communication skills	4 / 4
1.	Communication principles	Patient Comfort The Health Assistant
2.	Communication types	The Health Assistant
3.	Factors affecting communication	The Health Assistant
4.	Therapeutic communication techniques	Special Populations
II.	Promotion of Safety - 22%	
A.	Potential hazards in the healthcare environment	1 / 1
1.	Potential hazards in the healthcare environment	Body Mechanics Infection Control The Health Assistant
B.	Common injuries of residents (e.g., skin tears and shearing, falls, spills, burns, bruises)	1 / 1

1.	Common injuries of residents (e.g., skin tears and shearing, falls, spills, burns, bruises)	Body Mechanics
C.	Risks related to common injuries	0 / 1
1.	Risks related to common injuries	
D.	Safety and comfort	4 / 5
1.	Comfort needs of the resident	Body Mechanics Patient Comfort
2.	Accident prevention including fall prevention protocols	Rehabilitation & Restorative Care
3.	Restraint techniques and alternatives	Special Populations
4.	Legal implications in the use of restraints	Body Mechanics Special Populations
5.	Risk factors for elopement (resident leaving without staff knowledge)	
E.	Safety devices (e.g., wanderguard, alarms)	0 / 1
1.	Safety devices (e.g., wanderguard, alarms)	
F.	Infection prevention and control	4 / 4
1.	Maintaining a clean environment	Infection Control The Health Assistant
2.	Factors that contribute to spread of disease-causing organisms	Infection Control The Health Assistant
3.	Signs and symptoms of infections	Special Populations
4.	Practices that decrease the risk of exposure to disease-causing organisms	The Health Assistant
G.	Emergencies	3 / 3
1.	Emergency and disaster response protocols	Office Environment The Health Assistant
2.	Immediate life-safety techniques	CPR & Basic Life Support
3.	Evacuation procedures	Office Environment
H.	Fire prevention and safety	1 / 1
1.	Fire prevention and safety	Office Environment
III.	Promotion of Function and Health of Residents - 20%	

A.	Personal care skills	9 / 9
1.	Feeding	Nutrition & Elimination
2.	Bathing	Patient Comfort
3.	Perineal care, including catheter	Nutrition & Elimination Patient Comfort
4.	Foot/nail care	Patient Comfort
5.	Mouth care	Patient Comfort
6.	Skin care	Body Mechanics Patient Comfort
7.	Toileting	Body Mechanics Nutrition & Elimination
8.	Grooming	Patient Comfort
9.	Dressing/undressing	Patient Comfort
B.	Health maintenance/restoration	6 / 7
1.	Promoting circulation and skin integrity (e.g., specialized mattresses, chair cushions, positioning)	Body Mechanics Rehabilitation & Restorative Care
2.	Nutrition and hydration	Nutrition & Elimination
3.	Sleep and rest needs	
4.	Elimination (bowel and bladder)	Nutrition & Elimination
5.	Mobility, including bed mobility	Rehabilitation & Restorative Care
6.	Effects of immobility	Body Mechanics Rehabilitation & Restorative Care
7.	Care and use of assistive devices	Body Mechanics Patient Comfort Rehabilitation & Restorative Care
C.	Age-related changes	3 / 3
1.	Cognitive (e.g., memory) changes	Special Populations
2.	Psychosocial (e.g., relationships) changes	Special Populations
3.	Physical changes	Special Populations
D.	Psychosocial needs of residents	3 / 3
1.	Fundamental human needs (e.g., Maslow's Hierarchy of Needs)	Human Growth & Development

2.	Emotional support strategies	Special Populations
3.	Intervention strategies to assist residents in coping with losses and adjustments to nursing home placement (e.g., control, autonomy, privacy)	Special Populations
IV.	Basic Nursing Care Provided by the Nurse Aide - 24%	
A.	Routine, chronic, non-life threatening situations	1 / 2
1.	Observation and reporting of physical changes	Patient Comfort
2.	Observation and reporting of behavioral changes	
B.	Acute emergency situations	10 / 14
1.	Chest pain	CPR & Basic Life Support Emergency Care
2.	Cardiac arrest	CPR & Basic Life Support Emergency Care
3.	Respiratory distress	
4.	Difficulty swallowing	Nutrition & Elimination
5.	Choking/aspirations	CPR & Basic Life Support Nutrition & Elimination
6.	Vomiting	
7.	Seizures	Emergency Care
8.	Changes in mobility, speech, or other potential signs of stroke	Emergency Care
9.	Diabetic situations	Emergency Care
10.	Sudden onset of confusion or agitation	
11.	Changes in level of consciousness	Emergency Care
12.	Falls	
13.	Bleeding	Emergency Care
14.	Burns	Emergency Care
V.	Providing Specialized Care for Residents with Changes in Health - 14%	
A.	Physical problems	3 / 3

1.	Common physical impairments and related care	Patient Comfort Rehabilitation & Restorative Care
2.	Providing for safety, care, and comfort of residents with physical impairments	Rehabilitation & Restorative Care
3.	Impact of impairment on resident safety, care, and comfort	Rehabilitation & Restorative Care
B.	Psychological problems	2 / 2
1.	Common psychological impairments and related care (e.g., confusion, anxiety, depression, delirium, phobias, addiction)	Behavioral Health Special Populations
2.	Special considerations for the safety, care, and comfort of residents with psychological impairments	Behavioral Health Special Populations
C.	Care of the dying resident and post-mortem care	5 / 5
1.	Grief process	Special Populations
2.	Responding to the emotional needs of the resident, other residents, family and caregivers in the grief process	Special Populations
3.	Factors influencing responses to grief (e.g., spiritual beliefs, culture, past experience)	Special Populations
4.	Physical changes and needs as death approaches	Special Populations
5.	Post-mortem care procedures	Special Populations
I.	Clinical Skills List	20 / 20
A.	Ambulate the resident using a transfer/gait belt	Body Mechanics Rehabilitation & Restorative Care
B.	Assist resident needing to use a bedpan	Nutrition & Elimination
C.	Change bed linen while the resident remains in bed	Patient Comfort
D.	Change resident's position to a supported side-lying position	Body Mechanics
E.	Dress a resident who has a weak arm	Patient Comfort
F.	Empty contents of resident's urinary drainage bag, and measure and record urine output on an Intake and Output (I&O) form	Nutrition & Elimination
G.	Feed a resident who is sitting in a chair	Nutrition & Elimination
H.	Measure and record a resident's radial pulse	Client Status
I.	Measure and record a resident's respirations	Client Status
J.	Provide catheter care to a female resident who has an indwelling urinary catheter	Nutrition & Elimination

K.	Provide foot care to a resident who is sitting in a chair	Patient Comfort
L.	Provide mouth care to a resident who has a denture	Patient Comfort
M.	Provide mouth care to a resident who has teeth	Patient Comfort
N.	Provide perineal care to a female resident who is incontinent of urine	Patient Comfort
O.	Provide resident hand and nail care	Patient Comfort
P.	Provide resident a partial bed bath and back rub	Patient Comfort
Q.	Provide resident with passive range of motion (ROM) exercises to one elbow and wrist	Rehabilitation & Restorative Care
R.	Provide resident with passive range of motion (ROM) exercises to one shoulder	Rehabilitation & Restorative Care
S.	Provide resident with passive range of motion (ROM) exercises to one hip, knee and ankle	Rehabilitation & Restorative Care
T.	Transfer the resident from the bed into a wheelchair using a pivot technique and a transfer/gait belt	Rehabilitation & Restorative Care